

Resources for Families, Parents, and Caregivers

Childhood Trauma Websites and Resources

- **Center for Childhood Resilience:** www.childhoodresilience.org
- **Center on the Developing Child:** <http://developingchild.harvard.edu>
- **Child Witness to Violence Project, Boston Medical Center:** www.childwitnessstoviolence.org
- **Look Through Their Eyes:** www.lookthroughtheireyes.org
- **Zero to Three:** <http://zerotothree.org>

Family Separation

- **NCTSN: TRAUMATIC SEPARATION AND REFUGEE AND IMMIGRANT CHILDREN: TIPS FOR CURRENT CAREGIVERS:** <https://bit.ly/2lBPH6z>
- **Caregiver Letter (The University of Michigan):** <https://bit.ly/2mLCZ5z>
- **Cecilia and the Long Walk (coloring book for children):** <https://bit.ly/2mOexAV>

Suicide Prevention Resources

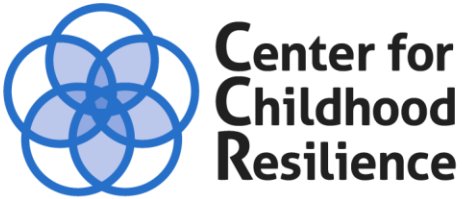
- **American Foundation of Suicide Prevention:** <https://afsp.org/>
- **Child Mind Institute:** <http://childmind.org/article/youre-worried-suicide>
- **National Institute of Mental Health - Suicide Prevention:** <https://www.nimh.nih.gov/health/topics/suicide-prevention/index.shtml>

Know Your Rights Resources

- **Family Preparedness Plan:** http://www.icirr.org/content/documents/emergency_plan.pdf
 - Immigrant Legal Resource Center <https://www.ilrc.org/family-preparedness-plan>
- **Illinois Coalition for Immigrant & Refugee Rights:** 1-855-HELP-MY-FAMILY (1-855-435-7693)
 - Family Support Hotline available in English, Spanish, Korean, Polish
- **National Immigrant Justice Center:** <https://www.immigrantjustice.org/services/general-immigration> or 312-660-1370
 - To attend a Know Your Rights presentation in your community: <http://www.immigrantjustice.org/>
- **The Resurrection Project:** www.resurrectionproject.org or 312-666-3062

LGBTQ Resources

- **GLAADD (adoption and parental rights):** <http://www.glaad.org/vote/topics/adoption-parental-rights>
- **National Center for Lesbian Rights (same sex marriage rights):** www.nclrights.org
- **The Trevor Project:** <http://www.thetrevorproject.org>



Resilient Kids. Stronger Communities. Brighter Futures.

